

Cross Country Summer Workout Training and Running Club

**7:30 AM ON TUESDAYS, THURSDAYS AND
FRIDAYS STARTING MAY 27TH
JOIN THE REMIND @2526CR**

MEET IN THE JUNIOR PARKING LOT

**MAKE SURE TO HAVE APPROPRIATE
PAPERWORK TURNED IN**

Stay in shape!

Come try it out!

Questions? Call or email Coach
Lynch

(303)-895-7840

clynch1@ecsdfl.us

or Coach Walters

(850)-454-8065

ewalters1@ecsdfl.us

